## **WELL10 TALK** 10 Minutes To A Happier, Healthier, More Productive Workforce!

In this 10 minute, life-changing presentation you will discover:

- •How to "stress less" and avoid the top three "silent killers"
- •How to decrease fatigue and boost your immune system by 200%
- How to prevent and save \$100,000 in sick, medical bills
- The two biggest mistakes people make concerning their health
- The #1 thing you must do in order for your body to function and heal at 100%

"Wow!!! I wasn't sure what to expect from the presentation, but I'm amazed at what I've learned. You can tell that Dr. Ebert has done his research I love the way he presents things - easy to understand and to the point. He even makes them fun while opening your eyes and mind to great wellness tips. I think this program is FANTASTIC!" -Christine V., age 47

Dr. Chaz Ebert is a wellness expert whose mission is to educate and lead families to achieve optimal health. He has spent the last fifteen years researching and studying the most advanced health and wellness principles in the world. Dr. Ebert has traveled hundreds of thousands of miles and spent thousands of hours mastering these life-changing principles. He has been featured within corporations, groups, and several radio shows throughout the country. Dr. Ebert has also been blessed to work with some of the largest wellness clinics in the world, helping people reach their full potential. His desired goal is to give your workers the tools to create a shift in mindset about their personal health, from passive to active. Dr. Ebert will conduct a brief, but powerful 10 minute health talk which will give individuals in your workplace the tools, not only to take responsibility for their health, but also create victories in their pursuit of a better life and a happier workplace. This talk is designed to stimulate, educate, and create happier, healthier workers. This complimentary presentation can be done at any full staff meeting, and can be accompanied by a complimentary meal. Dr. Ebert can be reached at

(706)705-2828 or drchaz1895@gmail.com.

